



Grow meets as part of our  
worship services most Sundays  
during the school term.

Our **Grow Sunday School** is  
an opportunity for our young  
people to learn about the life & example of Jesus Christ &  
how they can **Grow** his teachings in their own life.

At "Grow" we use a variety of engaging approaches to  
ensure these lessons are memorable & our young ones have  
a lot of fun with their teachers. We recognise that we all  
learn differently & so use a mix of different formats to ensure  
that the lessons appeal - from hands on, practical electives, to  
sharing life approaches at a café style as well as getting out  
& about in God's world.

At least twice a year, we think beyond The Gap UC & use  
these mission units to help our young ones think about how  
they might make a difference in the lives of others.

**For more information** talk to **Faye Holmes** (0419 676 033)  
or our Families Pastor, **Kath Ruhle** ([kruhle@thegapuca.org.au](mailto:kruhle@thegapuca.org.au))

THE GAP UNITING CHURCH



Discipleship

We have three main groups that gather on a Sunday morning.

1. Sprouts (Ages 3 to 5)
2. Big Grow Group (for years 1 and up)
3. Grow Plus (years 7–10)\*

Our youngest class, **Sprouts**, meets separately & is for children age 3 up to their prep year.

Our **Big Grow Group** shares the message by rotations. We typically have four rotations with a story/key theme, a game, a craft and a prayer/reflection time. Depending on numbers our rotation groups are determined by age.

**Grow Plus** - When possible we also like provide opportunity for our junior high schoolers to do their own thing with their Grow Plus group (for those in years 7-10). This group also meets for study & prayer at a separate time to Grow which we call Grow Plus Plus!

Our **older high school students** are encouraged to participate in our Night Church service, but also be involved with leading and helping the younger ones at Grow.

We are intentional in mentoring our young people in their leadership potential.

